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Service Canada Manitoba Day of Caring

Members of the Regional Management Board (RMB) suited up in their old clothes to provide their time and expertise to help renovate the basement of the **Community Living Winnipeg** building. The work consisted of a fresh coat of paint and replacing the ceiling tiles.

Karen Morrow promoted the Day of Caring to RMB, liaising with United Way and selecting this project with Community Living Winnipeg. Gilles Brisebois was key in organizing this project. He was the on-site organizer, delegating tasks and organizing the RMB members. Gilles also solicited donations of materials from local businesses, including their bright orange T-shirts and two full day volunteers from Home Depot.

Community Living Winnipeg is looking forward to hosting our next meeting in the newly renovated space.



Photo: L to R: Donna Burt, Director, Benefit Delivery; and Karen Morrow, Director, Strategic Services.



Photo: L to R: George Skinner, REH; and Gilles Brisebois, A/Accommodation Project Officer



Photo: Back Row (L to R): Gilles Brisebois, A/Accommodation Project Officer; Dan, Home Depot; Ken Burfoot, Director, Programs; and Bram Strain, Director, In Person Service Delivery.

Front Row (L to R): George Skinner, REH; Arlene Forsyth, Manager, SCCY; Donna Burt, Director, Benefit Delivery; Verna Bartlett, Executive Assistant, Office of the Director General; and Karen Morrow, Director, Strategic Services.

Community Living - Winnipeg can't believe our good fortune! The volunteers with Service Canada and Home Depot were terrific and our basement looks great.

Next project: renovating our very well used boardroom.

Community Living Winnipeg is dedicated to the enhancement of the lives and status of people who live with an intellectual disability, and their families, by promoting full inclusion, support and acceptance.

Community Living—Winnipeg

1- 120 Maryland Street

Winnipeg, MB R3G 1L1

Phone: 786-1414

Visit our website at www.communitylivingwinnipeg.com.

CLW - Membership

Community Living is about to achieve a significant milestone in 2008. We will be celebrating our 50th anniversary and hope that you will consider being a part of this milestone.

Throughout our history we have supported individuals, families, service providers and the community at large to address the impact of intellectual disabilities. Our growing membership tells us that people share our values and beliefs and support our mission. Thank you to everyone who has maintained current membership over the years. You are the foundation of our organization and we look forward to having you as part of our association.

At this time, we are sending a special invitation to people who are not current members to consider taking out a membership. It will ensure that you are among the first to receive news about upcoming events, activities for youth, and discounts at workshops and conferences. You will be entitled to vote at our annual general meeting and to help guide Community Living Winnipeg in achieving our mission.

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Please come out to our Annual General Meeting at 7:00 pm on June 20, 2007, to meet the Board of Directors, members and staff of Community Living Winnipeg. Thank you for considering a membership.



Family Circle

"I come to these meetings because I know that I will meet someone who has made this same journey...another parent." *Member of Senior Parent to Parent*

"Every time I call Community Living Winnipeg I get something ... information, advice, a referral or even a friendly voice." *A Parent*

Notice of Annual General Meeting

Wednesday, June 20, 2007

7:00 pm

120 Maryland Street

Our annual general meeting will be followed by a presentation by *People First of Canada* members who will share their experience of creating a documentary with the National Film Board of Canada.

Red River Disability and Community Support Program

Thanks to Patrick Lyttle for his valuable assistance during his five week practicum with CL Winnipeg. While with us, Patrick took on a diverse set of tasks with a quiet, warm and confident manner. Among other duties, he furthered research in a number of areas through freedom of information requests, responded to a wide range of information requests from individuals and families, helped plan for and facilitate a parent educational issues retreat weekend and co-facilitated PATH (Planning Alternative Tomorrows with Hope) meetings for young adults graduating from high school as well as a co-facilitating a PATH for an agency.

Patrick has gone on to graduate from the Disability and Community Support program through Red River College. We wish him the best in his future endeavours.

For further information on **Red River College's** Disability and Community Support Program go to www.rrc.mb.ca.

Remembering Helen Steinkoph

It has been almost two years since Helen passed, but her work carries on. In the mid 90's Helen began her campaign for the establishment of a Registered Disability Savings Plan. Once her quest began, Helen never gave up. She recruited her friend Harold Buchwald and the two of them worked tirelessly to move this idea forward. I do hope she was smiling down as, *A New Beginning*, the report calling for the creation of a Registered Disability Savings Plan, was released in December 2006.

The plan was not exactly as Helen had envisioned, but we all owe her a debt of gratitude for having the vision and the drive to make the Registered Disability Savings Plan a reality. Thank you Helen!

"This is the first time that my son has made a friend."

Parent of a participant in the Among Friends project

Visit our website at www.communitylivingwinnipeg.com,
email acl@aclwpg.ca or call 786-1414 for a membership form.

Family Conference



David Pitonyak speaks at Community Living
Winnipeg's Family Conference 2007.

Family Conference 2007

"Through stories, we share not information but experiences, and it is experiences that shape and define our values" -Timothy E. O'Connell, *Find Your Own Garden*

Family Conference 2007 was held March 22-24th, 2007 with guest keynote speaker David Pitonyak—an expert in behaviour. Thanks to the work of staff and volunteers, the conference was a success. David spoke about the importance of bringing *joy* back into the helping profession, about the power of *stories* and about the endless possibilities of our *imagination*.

David Pitonyak's 10 Notes for Parents

- Be mom and dad first
- Think of challenging behaviours as messages
- learn about person centered planning
- don't assume anything
- remember that relationships can make all the difference in the world
- help your child to have more fun
- take care of yourself, take care of your partner and join with other parents to support each other
- help your child to make a contribution to others
- instead of ultimatums, give choices
- establish a working relationship with a good primary health care professional



Announcements

Outcomes Measures

Congratulations to Daryn Turcotte from Pulford and Reina Soltis — St. Amant Community Residential Program on becoming Manitoba's first *Certified Interviewers* in the Outcomes Measures Process. Reina and Daryn completed 5 days of intensive training to learn the methods of conducting reliable outcome interviews. The training was delivered by Maureen McFayden from CQL Canada. For more information about the Outcomes Measures, visit the website at www.cqlcanada.com.

Community Living—Manitoba

April 18th, 2007 marked the release of Marsha Dozar and Cam Crawford's report: *When Bad Things Happen - Manitoba Women with Intellectual Disabilities . . . A Study*.

A New Name for AAMR

As of January 1, 2007 the world's oldest organization, established in 1876, on intellectual disability changed its name from the American Association on Mental Retardation (AAMR) to the American Association on Intellectual and Developmental Disabilities (AAIDD).

CQL Training Opportunity

Person-Centered Thinking: Building Capacity for Person-Centered Supports and Services

Community Living—Winnipeg, in conjunction with CQL Canada, will be offering training workshops for service professionals August 8 –10th, 2007. Visit our website at www.communitylivingwinnipeg.com to download a brochure and registration form.

Mom's First - A Creative Support Group for Mothers of Children with Special Needs

Spring Session begins: April 17, 2007

Fall Session begins: September 18, 2007

Winter Session begins: January 8, 2008

To register contact: Tanys Dick, Art Therapist at: 888-4155 ext. 3 or by Email:

Tanis_art@yahoo.com

Signing of The Convention

United Nations General Assembly

The convention reflects the growing world consciousness of rights of people with disabilities.

December 13, 2006 has been described as a day to remember for people with disabilities and their families. On that day the United Nations General Assembly adopted the convention on the Rights of Persons with Disabilities. The Convention, the first of the 21st Century, advances the rights of persons with disabilities and marks an international move toward respecting these rights and taking measures to ensure the full inclusion of persons with disabilities and their families.

In a press release, CAACL stated: "The Convention will be the first legally binding document that will secure, among other things, the right to use support to make decisions and exercise legal capacity, the right to live in the community and the right to inclusive education."

On March 30, 2007 the Honourable Peter MacKay, Minister of Foreign Affairs signaled Canada's intention to be a signatory to the Convention.

By signing the Convention, we are demonstrating our leadership and the importance we attach to the rights of persons with disabilities, the commitment of Canada's New Government with respect to issues of disability is clear. We have a strong commitment to ensuring that persons with disabilities enjoy full participation in society and can contribute to the community to their full potential.

Book Review

Waddie Welcome & The Beloved Community

By Tom Kohler & Susan Earl

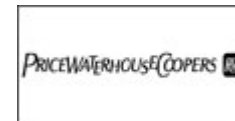
This is an extraordinarily beautiful photo journal that tells the story of one man's journey back to community. Waddie Welcome was born July 4, 1914, in Sylvania, Georgia. He lived with and was cared for by his family for 70 years, first by his parents and after they died by his brother. Adult Protective Services placed Waddie in a succession of nursing homes after neighbours expressed concern about his care not being adequate. More than anything, Waddie wanted to return to his community. There were many people who worked to ensure that he got his wish, Mrs. Reeves was 85 years old and had met his parents in the 1920's, she had agreed to look out for him. Lester Johnson, Waddie's Citizen Advocate, worked to remove the bureaucratic barriers and then a small group of people called the Storytellers got involved and the story moves on from there.



In the forward to the book author and activist Connie Curry wrote: " Waddie Welcome's life gives new meaning to the phrase "power to the people" Power is an intriguing concept, and this story opens up for exploration the power of person story, the power of personal relationship's the power of prayer, the power of place the power of persistence and the power of the possible.

Waddie Welcome died January 14, 2001, with people who loved him by his side. At his funeral the church was filled with people who loved him and whose lives he had touched. His obituary in the Savannah Morning News was described as one of the "big guy" ones and it recapped Waddie's influence on public policy to be more personal and less institutional. One line summed it up "He got his wish to live where he could, smell food on a stove and hear children playing."

Thank you to the following agencies for your support!



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Visit www.canadahelps.org

www.communitylivingwinnipeg.com